

# Smith-Green Community Schools Family Resources



National Suicide Prevention Lifeline:  
1-800-273-8255

Crisis Text Line:  
Text HOME to 741741

## Bowen Center

Whitley County  
119 W Market St.  
Columbia City, IN 46725  
[info@unitedwaywhitley.org](mailto:info@unitedwaywhitley.org)  
1-800-342-5653

## Northeastern Center

833 E Main St #1302  
Albion, IN 46701  
[necmh.org](http://necmh.org)  
1-800-790-0118

## Choices & Changes

360 N Oak St.  
Columbia City, IN 46725  
[www.livehealgrow.com](http://www.livehealgrow.com)  
(260) 244-0264

## Erin's House

5670 YMCA Park Drive West  
Fort Wayne, IN 46835  
[erinshouse.org](http://erinshouse.org)  
(260) 423-2466

## Jennifer Thomas,

onsite Mental Health Therapist  
[Jenniferthomascounseling@gmail.com](mailto:Jenniferthomascounseling@gmail.com)  
(260) 226-6414  
6202 Constitution Dr. Ste B  
Fort Wayne, IN 46804

## Parkview Behavioral Health

1720 Beacon St.  
Fort Wayne, IN 46805  
24 hours: 1-800-284-8439  
Direct: (260) 373-7500

## Talking with your children:

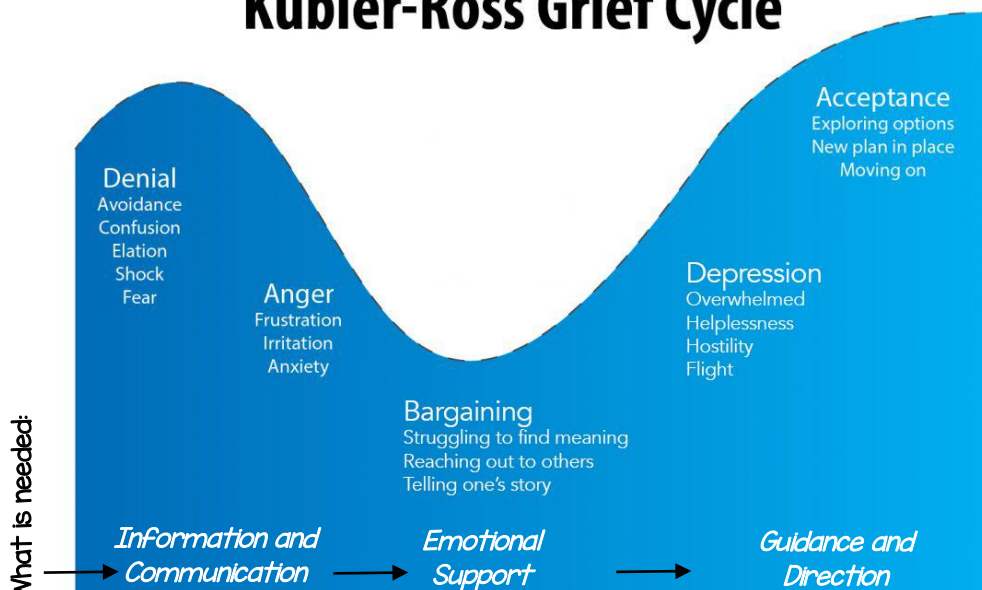
American Foundation for Suicide Prevention  
<https://afsp.org/teens-and-suicide-what-parents-should-know#how-can-i-talk-to-my-teen-about-mental-health-and-suicide->

Child Mind Institute  
<https://childmind.org/article/supporting-children-after-the-suicide-of-a-classmate/>

Health Partners  
<https://www.healthpartners.com/blog/talk-to-your-child-about-suicide/>

Age Guide  
<https://www.today.com/parents/experts-explain-how-talk-about-suicide-kids-age-t130589>

## Kübler-Ross Grief Cycle



Contact your school counselor for additional info:

Sondra Cook, High School Counselor [cook.sondra@sgcs.k12.in.us](mailto:cook.sondra@sgcs.k12.in.us)

Kim Burns, Jr. High School Counselor [burns.kim@sgcs.k12.in.us](mailto:burns.kim@sgcs.k12.in.us)

Allison Joy, Elementary School Counselor [joy.allison@sgcs.k12.in.us](mailto:joy.allison@sgcs.k12.in.us)