

Proposed Goals for Nutrition Promotion

The Smith-Green School Corporation will provide a taste testing in the cafeteria for the Elementary and Jr./Sr. High schools once a semester. This will include using Facebook and Twitter to promote the food choice to the parents and community.

Smith-Green Community Schools will introduce a healthier food option in the concession stands for each sports season.

Proposed Goals for Nutrition Education

The Smith-Green School Corporation will utilize Facebook and Twitter to provide nutrition education to the students, parents, staff and community. This will be done at least once a semester.

The Smith-Green School Corporation will provide nutrition education during each food taste testing. This will be done at least once a semester.

Proposed Physical Activity Goals

Smith- Green Community Schools will increase the participation of the morning intermural activities in the elementary gym.

Smith- Green Community Schools will offer 2 activities per semester for the Jr./Sr. high school during Eagle Time of after students have finished lunch. These activities may include walking on the track or an activity in the gym.

Proposed goals for Other Activities that Promote Wellness

Smith- Green Community Schools will work with the Jr./Sr. high health classes and have the students work on an extension of a health lesson by taking the information home and bringing back the results to school.

Smith- Green Community Schools will work with to promote wellness by promoting the benefits of the walk-a-thon hosted annually, sending out flyers for youth baseball, soccer, and other activities available at the park.